

Margaret Palmer – Speaker Biography

Margaret Palmer has more than 20 years of experience in the field of training development and delivery; to date, she has delivered hundreds of workshops to youth and adults representing more than 40 countries around the world and has delivered training in 15 countries and 41 U.S. states. Highlights include three years as a cross-cultural trainer for the internationally acclaimed global leadership program Up With People, roles as program development consultant, trainer and Academy Director for Leaders Challenge (now National Leadership Academy) through the Spaulding Leadership Institute in Denver, Colorado, as well as an ongoing professional relationship with the Canadian Defence Community.

Margaret holds a Bachelors degree in Psychology, Anthropology and History, a Masters degree in Leadership and Training, and has completed work towards a Masters in Security, Defence Management and Policy.

Specializing in leadership, communication, and group development with an emphasis on diverse groups, Margaret works as a trainer, facilitator and keynote speaker and has worked with educators, health care professionals, corporate staffs, non-profit organizations and government agencies, and operates Tac Form Training and Development. When training and speaking, Margaret uses an experiential and interactive approach, draws on her extensive international exposure and uses personal stories and anecdotes to complement current literature and practices.

Margaret was born and raised on the coast of British Columbia. She is a private pilot and enjoys flying, running, basketball, hiking, camping, sailing, kayaking, travelling, and spending time with family and friends. Margaret currently lives near Calgary, Alberta with her husband, Ryan, and their daughters, Kennedy and Makenna.